

Saturday 17 May 2025

## Dear Participant

**07:00**

10km Race Starts

**07:15**

5km Fun Race Starts

### FOOD & ENTERTAINMENT

All Day

### FREE PARKING

Participant parking will be available on the cricket oval (refer to map)

### MEDICAL FACILITIES

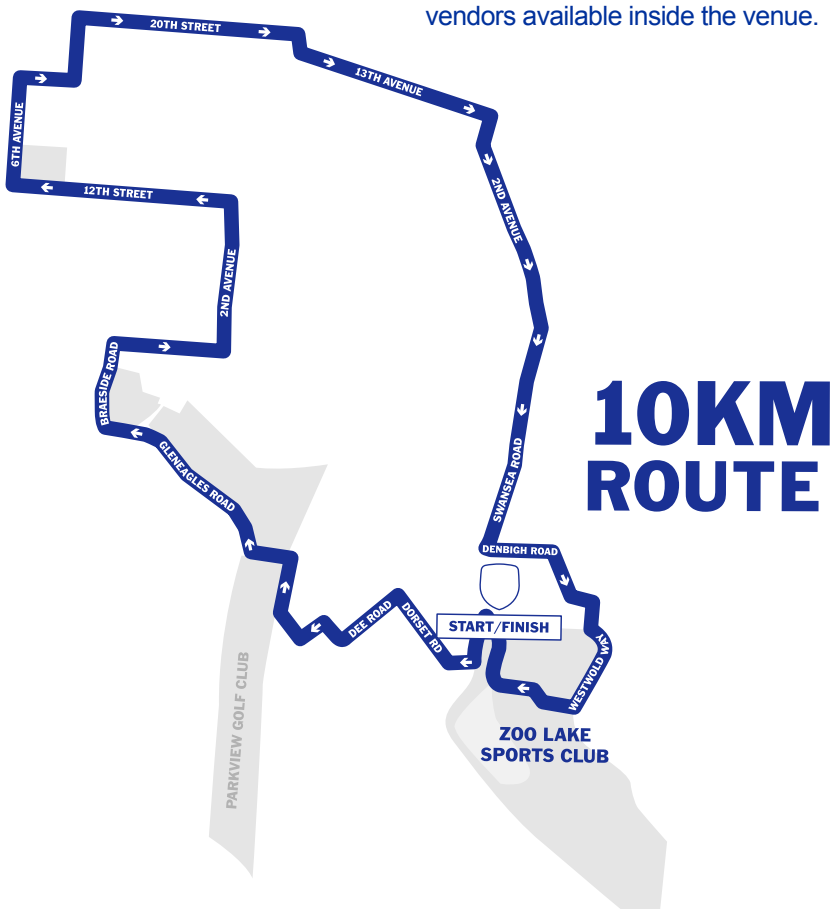
Rapid Response Vehicles & Medical Personnel will be available at the start/finish and along the route.

### FOOD & DRINKS

There will be food and drinks vendors available inside the venue.

### EVENT PARTICIPANT RULES & INFORMATION

- RACE NUMBERS MUST BE WORN ON THE FRONT OF YOUR UPPER GARMENT/VEST. PLEASE USE THE SAFETY PINS PROVIDED.
- Your timing chip is attached to your race number and linked to your entry.
- Please ensure you run using your allocated race.
- number and do not swap with another runner.
- Please DO NOT bend, fold, or cut your race number as this will damage the timing chip.
- Please remove any other Timing Chip you may have on your shoe as this may interfere with the results.
- Please ensure you cross all the timing mats on the course.
- For safety reasons, the use of earphones, iPods, etc. will not be permitted. This excludes hearing aid devices.
- All traffic officers' & race officials instructions must be obeyed.
- Water stations & portable toilets will be available at the start/finish and along the route.



Race starts and finishes Zoo Lake Sports Club.  
Please ensure that you arrive 30 minutes before your scheduled start time.